

New Resources Available for Providers Working with Consumers with Eating Disorders

We are pleased to announce that BHCS is strengthening its capacity to serve consumers diagnosed with Eating Disorders (ED). Our goal is to build internal ED assessment and treatment capacity within BHCS and its contracted providers and to increase the level of care options available for consumers. As of May 1, 2014 the following consultation services are available to all county clinicians, including county funded CBO clinicians and Level III Network providers. This consultation service will be available until April 30, 2015. We strongly encourage clinicians with an interest in ED treatment &/or who are currently serving clients diagnosed with ED to utilize these consultation and training services.

- 1) BHCS will provide a free monthly consultation group for clinicians interested in becoming certified ED specialists conducted by Jennifer Penney, PsyD, CEDS, a licensed psychologist certified in Eating Disorders. The group will be held at the Eden Office in San Leandro on the second Tuesday of the month from 12:30 – 2:00, beginning **June 10th, 2014**. Please contact Julie Mills at jmills@acbhcs.org if you're interested in attending this group.

- 2) Dr. Penney will be available for telephone consultation to providers working with consumers diagnosed with eating disorders. If you are a clinician seeking to schedule telephone consultation with Dr. Penney, contact Nathan Hobbs at nhobbs@acbhcs.org (for clinicians working with consumers 17 and under) or Julie Mills at jmills@acbhcs.org (for clinicians working with consumers 18 and over).

- 3) Dr. Penney will be available to conduct specialized Eating Disorder assessments for consumers who have complex issues to determine recommended level of care. To make a referral for ED assessment, please contact ACCESS at 1-800-491-9099.

- 4) On **July 1st**, Dr. Penney will conduct an all-day training at the Alameda County Conference Center to provide an orientation to Eating Disorder treatment and assessment that includes signs, symptoms, treatment modalities, and co-occurring psychiatric symptoms. This training will also include information on how to become certified as an ED specialist. More information and how to register for this training will be provided soon in an upcoming announcement. Save the date now.

If you have any questions regarding these new services, please contact Nathan Hobbs at nhobbs@acbhcs.org or Julie Mills at jmills@acbhcs.org