



BRIEF TOBACCO CESSATION INTERVENTIONS

This is a skill building workshop on how to perform one-on-one tobacco cessation interventions.

Trainer:

Cathy McDonald, M.D., MPH, ATOD Project Director

Description:

Participants will learn the basics of Tobacco 101 and how to apply one-on-one cessation counseling techniques to motivate and support tobacco cessation among high-risk populations.

Who Should Attend:

Clinical Staff of substance abuse, mental health and primary care providers, Health Educators, Community Cessation Facilitators, Case Managers, Home Health Care Workers, Nurses and other healthcare providers.

Learning Objectives:

At the end of the training, participants will be able to:

- 1) Understand the health risks associated with tobacco use.
- 2) Feel comfortable discussing tobacco cessation with clients/patients.
- 3) Help clients develop a quit plan over the course of a 15-20 minute one-on-one counseling session.
- 4) Help clients secure nicotine patches through Medi-Cal.

Tues., Feb. 7, 2012

8:30 a.m. - 12:30 p.m.

FREE training. FREE Parking

Behavioral Health Care Services
 2000 Embarcadero, 4th Floor
 (off 16th St. exit - 880 South)
 Oakland, CA 94606
 In the Gail Steele Room

For more information, please call
 Judy Gerard at 510-653-5040 x 349.
 Please register using the form below.

This training is sponsored by Alameda County Behavioral Health Care Services (BHCS) in contract with the Alameda County Provider Network for Tobacco Dependence Treatment and Cessation, located at Thunder Road Adolescent Treatment Center in Oakland, CA. (Thunder Road is an affiliate of Alta Bates Summit Medical Center and Sutter Health).

CEU Credits: This course meets the qualifications for 3.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider Approval Number PCE 307, the California Board of Registered Nurses, BRN Provider Number 12040, and California Association of Alcoholism and Drug Abuse Counselors (CAADAC), Provider Number 4C-04-0612. Certificates of Attendance issued for counselors registered with a State Certifying organization

REGISTRATION FORM

Please FAX registration to Rosalyn Moya at 510-653-6475

or Email the following information to moyar@sutterhealth.org

IMPORTANT: Registration deadline is Feb 2, 2012. Please register early.

NAME: _____ AGENCY: _____

MAILING ADDRESS: _____

EMAIL: _____

DAY PHONE: _____ FAX: _____

DISCIPLINE: _____ LICENSE #: _____

Because of budgetary constraints in Alameda County, we will be unable to provide food.

Please bring your own snacks and beverages.