



Healing Hands and DreamScapes

Art Workshops



Are you a family member/Caregiver to a person with a serious mental illness or emotional disturbances?

If so,

Please join us for a new art class where people can use art as a form of creative healing expression. The theme of the art workshops will be **HOPE** for this session.

We will present two 2 1/2 hours workshops.

CLASS SIZE LIMITED TO FIRST 15 PARTICIPANTS.

TO REGISTER: Please contact Latifa@mhaac.org or call 746-1700

All Workshops are FREE

November 7th & 21st, 2009
10:00am - 12:30pm

Eastmont Town Center
7200 Bancroft Avenue, Suite 269
Oakland, CA 94605

mha *mental health association*

A program of the Mental Health
Association of Alameda County

ALAMEDA COUNTY
Behavioral Health Care Services

Operated under contract with Alameda
County Behavioral Health Care Services